



FERNLEIGH
CALISTHENICS CLUB
BORONIA



Est. 1987

Information Booklet 2010

www.fernleighcalisthenics.com.au

Welcome to Fernleigh

Fernleigh Calisthenics Club Inc. (A26217Z) was established in 1987. Fernleigh Calisthenics Club Inc. is a committee run, non-profit organization and has grown from strength to strength since that time, developing a reputation for being a friendly, family orientated and successful club.

Among numerous achievements, Fernleigh has won several State Titles, Regional Competitions and has been recognized through many prestigious Calisthenics Victoria (CVI) awards.

Our Juniors and Intermediates sometimes compete at Royal South Street, Ballarat around October, but are at the discretion of the coach and Committee. - *When competing at the Royal South Street Competition an overnight stay may be necessary, the Club will arrange accommodation at reasonable rates.*

We are a caring and friendly Club that encourages every student to achieve their best. The development and confidence of each and every member of the Club is encouraged through positive reinforcement and rewards.

Fernleigh often participates in the Pupil Skills Program that is administered by the VCCA. This program provides an opportunity for pupils to gain personal achievement and improve their own standard. Exams are held for Test 1, 2 and 3, Grades 1-4 and Medals. Participation in this is offered through the Club. This program is optional and is an extra cost.

No Extra Charges for Costume Hire

Only a Small amount of sewing skills are required. Usually a small amount of sequencing, beading and perhaps some stitching.

General Information

Sections, Ages & Class Times - Age as at December 31, 2010

Tinies	(7 years & under)	Wednesday	4.30 – 5.30pm
Sub – Juniors	(9 years & under)	Monday	4.15 – 6.00pm
Juniors	(12 years & under)	Wednesday	5.30 – 7.30pm
Intermediates	(16 years & under)	Monday	6.00 – 8.00pm

Fees – 2010

The fees are all inclusive: they cover costumes, rod, club and dance shoe hire, hall and facility usage, medals, trophies, insurances, coach wages, full dress rehearsal, and any extra classes (at coaches discretion). Calisthenics Victoria Incorporated charges a registration and insurance fee for each member aged 3 years and over. The fee for 2010 is \$65; this is in addition to the Fernleigh Calisthenics Clubs Annual Fee.

CALITHENIC VICTORIA REGISTRATION & INSURANCE Fee \$65 Per Year

CLUB ANNUAL Fees

Tinies	\$375 Per Year	divided in 3 payments of \$125
Sub- Juniors	\$465 Per Year	divided in 3 payments of \$155
Juniors	\$495 Per Year	divided in 3 payments of \$165
Intermediates	\$540 Per Year	divided in 3 payments of \$180

The Calisthenics Victoria Registration payment is due by **Wednesday February 25, 2010**.

The 3 Club Payments are due by

- March 10
- May 12
- Aug 11

Fees can be paid by Direct Bank Transfer (done via internet or at the bank), cheque, money order or cash. Receipts are issued for all payments paid. On these 4 official Fee collection dates, there will be committee members at the hall to collect the fees. There is **no** extra charge for costume Hire. If fees are not paid by due date it is under the Committee discretion to charge a late fee.

Full Payment Discount

The full annual amount **MUST** be paid **by Wednesday March 10, 2010** to receive a 10% discount. There is NO discount on the Calisthenics Victoria Registration (*No exceptions, please*).

If a student does not start at the beginning of the year the committee will determine some discount.

Family Discounts

A \$5 per term discount applies only to the second child in a family.

A \$10 per term discount applies to third and subsequent children.

Additional Expenses

The club will give you the details of the suppliers. Often the items can be purchased through the club.

- Club Polo Top \$26 Kids to \$30 Adults TBC
- Club Jacket \$38 Kids \$45 Adults TBC
- Tinies Cape \$10 Hire per year
- Dance Pants \$20 approx (Retained for years)
- Rod Cover \$11 (Retain from previous years)
- Leg Tan \$13.50 approx (Retain from previous years)
- Lipstick \$3
- Practice skirt \$25 approx (Retained for years)
- Body Stocking \$25 approx (Retained for years)
- Hair Piece \$25 approx (If needed)
- Dance Shoes \$25 approx (If needed)

Optional

- Concert DVD \$30 approx
- Annual Photo's \$8.50 each (Most parents order 1 photo per item that their child appears in)
- Club Badge \$10
- Spectators to Competitions must pay to enter the venues. The cost varies from \$8 - \$15 per person. (Fernleigh students are covered in the Annual Fees).

Club Management

Coaches

All principal Coaches are fully qualified with Level 1 Certification through the Australian Calisthenics Federation. In addition our Coaches attend various lectures and seminars to further develop their skills. All coaches have 'Working with Children' documentation.

Organisation

Fernleigh Calisthenics is an Incorporated Club. It is managed by a volunteer executive and committee who employ the coaches. Fernleigh's Executive Committee consists of the following:

President, Vice-President, Treasurer and Secretary. The General Committee consists of Costume Co-ordinator, Fundraising Co-ordinator, Section Sub-Secretaries for: Tinies, Sub-Juniors, Juniors and Intermediates. Sub-Secretaries have been assigned to each section and are available before and/or after Class to assist with any queries and fee collection.

The Constitution is annually reviewed in line with the Associations Incorporation Act (1981). A copy of the Constitution is available; please ask the club Secretary if you would like to read it.

Competitions

The number of competitions varies according to the level.

- Tinies: 3 to 4 competitions
- Sub-Juniors: 3 to 4 competitions
- Juniors: 5 competitions (including Ballarat TBC)
- Intermediates: 5 competitions (including Ballarat TBC)

Competitions commence in July and run through to October.

While competitions are generally held on weekends some may be scheduled on a weeknight and during School Holidays. Competitions dates, times & venues are advised as soon as they are available, which is usually after the Queens birthday long weekend in June.

Fundraising

This is a very important part of the Club's activities. Money raised helps to alleviate costs that parents would have to bear otherwise. Funds raised go towards:

- The purchase of props to be used at competitions
- Purchase of costumes/materials/trimmings
- Hire of the theatre for end of year Concert
- Administration Costs
- Trophies and Medals

The types of fundraising events include a Bunning's Sausage sizzle, chocolate drive, and raffle at the Annual Concert in November. We have a Committee who form part of the fundraising effort and everyone is welcome to assist in our fundraising efforts.

Expectations

All Fernleigh Calisthenics Club members are expected to be committed and responsible to the other members of the team and to maintain a positive, disciplined attitude at all times. ***All students are expected to attend all classes, competitions and the Annual Concert. An Attendance Medal is issued at the Annual Concert for attendance at class.***

In case of absence from class i.e. illness, school camp etc please notify your Sub-Secretary or coach. During class time students are the responsibility of the coach and we request parents not to interrupt the lesson. This is crucial for fostering trust and respect between coach and Student.

We expect parents to support any decisions made by the coach/s. If a concern arises parents should approach their Sub-Secretary who will bring the matter to the Coach and Committee Members.

Parents and friends are welcome to view classes at the coach's discretion. It is vital that observers remain quiet and keep young children from causing any disruption or mess. Due to hall restrictions, access is only permitted to the designated practice area.

If there is more than one (1) team in a section they are separated into competition teams during Term 1. Teams are selected according to the standard and ability of each member at the coach's discretion. This decision will be final based on the coach's requirements.

Cessation of Membership

In the event that a child does not wish to pursue the sport of calisthenics after enrolling you need to be aware of the following:-

- The CVI Registration cannot be refunded as it is paid directly to Calisthenics Victoria.
- Ordered items must still be paid for.
- Refunds of fees will be determined by the current Executive committee at the next meeting.

Club Practise Nights

When attending classes girls should:

- Wear their hair tied back and away from the face.
- Practice leotard (loose fitting garments are not acceptable)
- Practice skirt (sheer, minimum full circle)

NO jewellery allowed apart from sleepers or studs.

During competitions, concerts or promotions girls are required to wear the Club Uniform which consists of Club Polo Top, Club Jacket and Blue dance pants. Tinies wear Club Cape.

Costumes

Each Calisthenics item will generally require a different costume. Fernleigh Calisthenics Club maintains an extensive wardrobe of costumes for this purpose, and where appropriate will be used. Fernleigh **does not have a separate costume charge; the use is included in the fees.**

Please be assured that wherever possible we use our existing wardrobe or often purchase pre-loved costumes from other Calisthenics Clubs and Dancing Schools that we enhance with new sequins and trimmings. All costumes remain the property of Fernleigh Calisthenics Club and may not be used for any other purpose with the express permission of the Committee. Students and Parents are accountable for keeping all costumes in good order.

Should damage occur the student or parent would be responsible for its repair or replacement or if matching material was not available the whole set replaced.

Awards & Concert

Awards, Trophies and Medals will be awarded at the concert. The Fernleigh Calisthenics Club Annual Display is an opportunity for the students to perform items for family and friends.

The 2010 Annual Concert

This will be held at The Nunawading Civic Centre, Whitehorse Rd, Nunawading on Friday Oct 1, 2010.

The Club Rooms

Our club rooms are at the Boronia Uniting Church Hall, Cnr Ziesing Court & Boronia Road, Boronia.

Club Contact

Postal Address is P.O. Box 4082, Knox City, 3152.

Website is www.fernleighcalisthenics.com.au which will have regular updates on the club.

If you would like to have more information please talk to one of our coaches Jenni Halliwell 0417 341 611. info@fernleighcalisthenics.com.au www.fernleighcalisthenics.com.au